

# Coffee and Caring



*Have you considered becoming a short break carer but would like more information?*

*If you can provide at least one overnight of care per month in your own home drop in for a chat at our coffee morning on:*

*19th September, Navan Room, Hill Building,  
St. Luke's Hospital  
@ 10am-12.30pm*

*Learn more & speak to some of our carers about what is involved in caring for a child with a disability*

***We offer: Allowances / Training / Support***



***For  
more  
information  
Call:  
02837 564350***